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“(a) Prepare a food which has a sufficiently high caloric value, being careful not to greatly exceed actual requirements.

“(b) Give all the fat a child will bear, remembering that fat is more likely to cause disturbance than any other of the food elements.

“(c) Watch carefully for evidences of overfeeding.

“(d) Feed at intervals of not less than three or four hours and not more than four to six times in the twenty-four hours.

“(e) Every child must be fed according to its own requirements and these may change from day to day.”

A table of food values is furnished and the amount needed is determined by the weight of the baby—food to produce about thirty-two calories for each pound of body weight being required per day.

A REFERENCE HAND-BOOK OF GYNÆCOLOGY FOR NURSES. By Catharine MacFarlane, M.D., Gynæcologist to the Woman's Hospital of Philadelphia. Price, \$1.25 net. W. B. Saunders Company, Philadelphia and London.

Another addition to the elegant little series of hand-books which Saunders Company publishes uniform with Dorland's Pocket Dictionary. The subject matter is necessarily very much condensed in the present volume and it is to be remembered that the book belongs to the series used for pocket reference and is not expected to go into the subject exhaustively.